



# OPEN SKY

## ADVENTURE CAMP 2026

A WEEK-LONG OUTDOOR AND CREATIVE  
 ACTIVITIES RETREAT DEDICATED TO YOUNG  
 PEOPLE (AGES 15-25) WITH COHS



FREEDOM

COMMUNITY

INDEPENDANCE

FUN

CONGENITAL CENTRAL HYPOVENTILATION SYNDROME  
ADVENTURE CAMP IN TRENINO, ITALY

PROGRAM  
INFORMATION

**AISICC  
SINDROME  
DI ONDINE**



**CAMPO  
BASE**



# Program Overview

|   |  |
|---|--|
| <i>What is Open Sky Adventure Camp?</i>               | <p>This summer camp in Italy is open to international young people affected by <u><a href="#">Congenital Central Hypoventilation Syndrome (CCHS)</a></u>.</p> <p>The program offers individuals with CCHS the opportunity to (re)discover their physical abilities and personal autonomy in a stimulating, safe, and welcoming environment, while also connecting with other young people who have had similar life experiences.</p> <p>More broadly, the CCHS Adventure Week project was created with the aim of challenging cultural taboos surrounding the condition and promoting independence, self-esteem, and awareness of personal potential among young people with this diagnosis. Our goal is to offer an educational and human experience that fosters personal growth, exchange, and a sense of belonging, demonstrating that illness does not define the limits of what is possible.</p>   |
| <i>Who is organizing Open Sky Adventure Camp?</i>     | <p>The project was created through a collaboration between Associazione Campo Base and A.I.S.I.C.C. and based on a multi-year international residential camp designed and run by A.I.S.I.C.C. and medical professionals coordinated by Dr. Francesco Morandi.</p> <p>Associazione Campo Base is a non-profit based in Castel Campo, in Trentino (Italy). It organizes residential camps and retreats for adults, children, and families, with the aim of creating empowerment-focused programs that foster personal growth, strengthen self-esteem, and build a supportive network among participants.</p> <p>A.I.S.I.C.C. is the acronym for Associazione Italiana per la Sindrome da Ipoventilazione Centrale Congenita (Italian Association for Congenital Central Hypoventilation Syndrome). It is a non-profit organization that represents Italian families with children and young people affected by this rare condition, namely Congenital Central Hypoventilation Syndrome (CCHS).</p> |
| <i>Camp Dates</i>                                     | <p><b>Arrivals : Sunday July 19th from 2pm (rendevouz at Hotel "La Pineta")</b><br/><b>Departures: Sunday July 26th from 8am</b></p>   |
| <i>Who are the program and medical staff members?</i> | <p><b>Campo Base</b> works with trained volunteers and professional activity leaders. Alpine guides and instructors will accompany participants during hikes and outdoor programming.</p> <p><b>AISICC</b> collaborates with experienced "Monte Barro" volunteers, coordinated by Dr. Francesco Morandi, who has organised and supported CCHS camps for over a decade. Dr. Morandi will be present throughout the entire retreat, together with a team of volunteers, to ensure support and supervision during all activities. A professional caregiver will be present during nighttime hours, on call in close proximity to the participants' rooms.</p>   |



**CAMPO  
BASE**

**AISICC  
SINDROME  
DI ONDINE**



# CASTEL CAMPO

## OUR HOME BASE



[WWW.CASTELCAMPO.COM](http://WWW.CASTELCAMPO.COM)



# Information on Location and Accommodations

This summer camp takes place at **Castel Campo**, in the Val Giudicarie (Trentino). This centuries-old castle, which hosts a regenerative farm, is privately owned and will be reserved exclusively for the participants. At Castel Campo we will eat meals and carry out part of the activities included in the program. Surrounded by forest, this ancient manor offers an ideal setting to step away from the noise of everyday life and reconnect with the natural environment and its rhythms. To learn more please visit [www.castelcampo.com](http://www.castelcampo.com).

Campers and staff will sleep at the nearby **Hotel La Pineta**, located a few kilometers from Riva del Garda and the Terme di Comano, in a charming setting near the Palafitte village—an important archaeological site—where it is not uncommon to spot wildlife in the surrounding woods and where one can enjoy views of the magnificent Brenta Dolomites. Transportation between Castel Campo, the hotel, and the various activity locations will be provided by a minibus driven by staff.

Families are welcome to **join the final day of camp programming on Saturday the 25th of July**. Those traveling from outside the local area and requiring overnight accommodation for that night are asked to book their own lodging at one of the nearby hotels. Convenient options include Hotel Al Sole (Fiavè), Ca' de Mel (Fiavè), and Hotel Rosa Alpina (Fiavè).





|                                |  |
|--------------------------------|--|
| <p><i>Accommodation</i></p>    | <p>All participants will stay at <b>Hotel La Pineta (Fiavè, TN)</b> in rooms shared with one or two other participants.</p> <p>This hotel is located on the edge of the town of Fiavè, surrounded by the forest and with a beautiful view of the Dolomites.</p>  |
| <p><i>Meals</i></p>            | <p>Lunch and dinner will be prepared by the Castel Campo kitchen and served on site or during our excursions. The Castel Campo kitchen works as much as possible with local and organic products. We believe in the importance of eating whole foods, primarily plant-based, with animal proteins offered as an option.</p> <p>Castel Campo makes every effort to preserve, recycle, and compost all kitchen waste and to create tasty and nutritious meals for all participants. Please communicate any dietary restrictions or allergies in your application.</p>  |
| <p><i>Fees</i></p>             | <p>The Open Sky week, including meals, accommodation, and activities, is sponsored by A.I.S.I.C.C. and is free of charge for all participants.</p> <p>Travel costs and travel arrangements are the responsibility of the participants' families.</p>   |
| <p><i>How to Get There</i></p> | <p><b>Fiavè</b> and <b>Castel Campo</b> are located 40 minutes from <b>Trento</b> and 25 minutes from Riva del Garda, near the Comano Terme Thermal Baths. Participants will be required to organize their own travel to/from Fiavè. Castel Campo will provide logistical support to help families coordinate their travel to/from the Trento train station or the nearest airports. These are listed below in order of proximity:</p> <ul style="list-style-type: none"> <li>• Verona Villafranca (VRN) → 100 km from Castel Campo</li> <li>• Milan Bergamo/Orio al Serio (BGY) → 150 km from Castel Campo</li> <li>• Milan Linate (LIN) → 180 km from Castel Campo</li> </ul> <p><u>Google Maps:</u> <a href="https://maps.app.goo.gl/dp5Syc4Asibv5HGp6">https://maps.app.goo.gl/dp5Syc4Asibv5HGp6</a></p> |



**CAMPO  
BASE**

**AISICC  
SINDROME  
DI ONDINE**



# CAMP PROGRAM





# The Open Sky week

The Open Sky Adventure Camp program is designed to be flexible and adaptable to the needs of participants, including any mobility requirements. The July 2026 session offers a varied program, with **each day being different**, alternating **creative and sports activities**. The activities are led by qualified instructors and industry professionals and may include: hiking, outdoor rock climbing, leather, clay, or basketry workshops, archery, rafting, cooking, yoga, and team-building activities. **No prior experience is required**: the activities are accessible and adapted to the group.

Upon confirmation of participation, **a detailed packing list will be provided**. No specialized technical equipment is required, except for a good pair of shoes suitable for uneven terrain and comfortable, warm sportswear.

Open Sky aims to offer a safe space for exchange, listening, and reflection. There will be opportunities for sharing at the end of activities and during our evening campfire, promoting dialogue and group building.

Throughout the day, there will be rest breaks, and during some excursions, free time. While participation in activities is optional, we ask for responsible engagement with the daily program, except for health reasons or prior agreements with the staff.

## Safety

The **nearest emergency medical service is in Trento**, approximately 40 minutes from Castel Campo. During the camp, an emergency support procedure coordinated by Dr. Morandi will be active, with trained personnel always present. All activities will be conducted in accordance with safety protocols and adapted to the conditions of the group and the environment. Additionally, a first aid kit will always be available, and timely communication with local health services will be ensured if necessary, to guarantee a safe and well-supported experience for all participants.



# Sample Schedule

The program will be adapted to the group and weather conditions, but a preliminary schedule is outlined below:

|                                      |   |
|--------------------------------------|---|
| Sunday<br>July 19 <sup>th</sup> 2026 | Arrivals<br>Castle tour<br>Evening Campfire   |
| Monday<br>July 20 <sup>th</sup>      | Creative Activity<br>Team Building Challenge<br>Evening Campfire                      |
| Tuesday<br>July 21 <sup>st</sup>     | Archery<br>Yoga<br>Evening Campfire   |
| Wednesday<br>July 22 <sup>nd</sup>   | Outdoor Rock Climbing<br>Mountain Picnic<br>Evening Campfire                          |
| Thursday<br>July 23 <sup>rd</sup>    | Creative Activity<br>Yoga<br>Pizza Night<br>Evening Campfire                          |
| Friday<br>July 24 <sup>th</sup>      | River Rafting<br>Castle Garden Cookout<br>Evening Campfire                            |
| Saturday<br>July 25 <sup>th</sup>    | Family arrivals/Experience Exhibition<br>Families invited to Castle dinner<br>Closing |
| Sunday<br>July 26 <sup>th</sup>      | Departures from 8AM from La Pineta<br>Hotel   |



**CAMPO  
BASE**

**AISICC  
SINDROME  
DI ONDINE**





# How to Apply

THE APPLICATION FORMS FOR OSAC CAN BE DOWNLOADED IN PDF OR .DOC FORMAT FROM: [WWW.ASSOCIAZIONECAMPOBASE.ORG/OPENSKY](http://WWW.ASSOCIAZIONECAMPOBASE.ORG/OPENSKY)

FORMS MUST BE COMPLETED BY PARTICIPANTS AND SENT TO THE EMAIL ADDRESSES AS SPECIFIED ON THE INDIVIDUAL FORMS.

|   |  |
|---|--|
| <i>Application Timeline</i>                                 | <p>Applications will open on <b>March 25th, 2026</b>, and close on <b>April 30th, 2026</b>. Submitted forms will be collected and reviewed by our staff. You will receive a response regarding your admission as soon as possible, and in any case no later than 15 days after the application deadline.</p> <p>Applications that are not initially accepted will be placed on a "waiting list," and if one or more spots become available later, we will contact you promptly to offer participation.</p> |
| <i>Participation Criteria</i>                               | <p>Open Sky is open to young people with a CCHS diagnosis, with a maximum of <b>15 participants</b>. Candidates must be between <b>15 and 25 years old</b> during program dates and be able to commit to the full week of the camp. If you are interested in the program but do not fall into this age bracket please get in touch to discuss participation.</p> <p>This program is tailor-made for the participants, and no specific athletic skills are required.</p>                                    |
| <i>Program Facilitation and International Participation</i> | <p><b>Open Sky Adventure Week will be held in both Italian and English.</b></p> <p><b>International applications are welcome.</b></p>  |

INFO:

[aisicc@sindromediondine.it](mailto:aisicc@sindromediondine.it)

[connect@associazionecampobase.org](mailto:connect@associazionecampobase.org)

"I look at everything as if it were beautiful.  
And if it isn't, it means I need to look more closely."  
- Franco Arminio



**CAMPO  
BASE**

**AISICC  
SINDROME  
DI ONDINE**

